Safe Antibiotic Use: An Important Message From Your Providers

Antibiotics only fight infections caused by bacteria.

Antibiotics will NOT help you feel better if you have a viral infection like:

- Cold or runny nose
- Bronchitis or chest cold
- Flu

If you take antibiotics when you don’t really need them, they can cause more harm than good:

- You can get diarrhea, rashes, or yeast infections
- Antibiotic overuse can lead to bacterial resistance

- What can you do as a patient?
  
  - Talk with me about the treatment that is best for you. Follow the treatment plan that we discuss.
  
  - As your healthcare provider, I will commit to giving you the best care possible. I am dedicated to avoiding prescribing antibiotics when they are likely to do more harm than good. If you have any questions, please ask me, your nurse, or your pharmacist. Sincerely,

[Signatures]