Safe Antibiotic Use:
An Important Message From Your Providers

Antibiotics only fight infections caused by bacteria.

Antibiotics will NOT help you feel better if you have a viral infection like:

Cold or runny nose
Bronchitis or chest cold
Flu

If you take antibiotics when you don't really need them, they can cause more harm than good:

- You can get diarrhea, rashes, or yeast infections
- Antibiotic overuse can lead to bacterial resistance

- **What can you do as a patient?**
  - Talk with me about the treatment that is best for you. Follow the treatment plan that we discuss.
- **As your healthcare provider,** I will commit to giving you the best care possible. I am dedicated to avoiding prescribing antibiotics when they are likely to do more harm than good. If you have any questions, please ask me, your nurse, or your pharmacist. Sincerely,

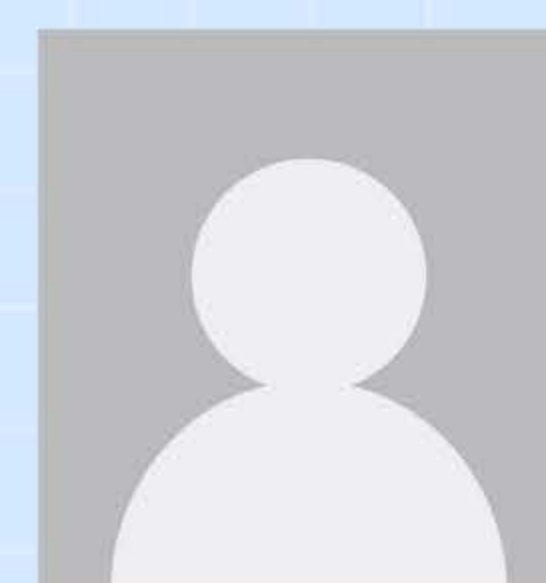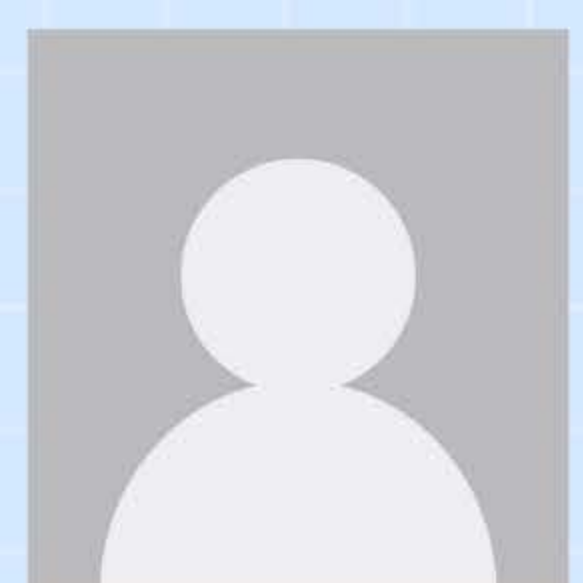*Signature*   *Signature*   *Signature*   *Signature*

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